**Pathways Counseling EMDR Basic Training**

**EMDR Training Information & Participant Agreement**

**Qualifications for Attending:**

* A clinical background is necessary for the effective application of EMDR therapy. Attendance at this training is limited to all levels of social workers and mental health professionals who have a master’s degree or higher in the mental health field and are licensed, registered or certified through a state or national board which authorizes independent practice.  Graduate Student clinicians are eligible to enroll in the course if they have the approval of their clinical supervisor, with the understanding that participants' integration of EMDR Therapy skills into clinical practice is an essential component of the 10 hours of EMDR Therapy Training Consultation.  **Graduate Student clinicians and Associate-level clinicians must have their current clinical supervisor complete the “EMDR Supervisor Consent for Training Form”** that acknowledges requirements of training, and forward to [Susan@PathwaysDFW.com](mailto:Susan@PathwaysDFW.com).

**Completion Requirements:**

* This is a complete EMDR Therapy Training approved by the EMDR International Association (EMDRIA).  Participants will learn the EMDR Therapy Approach, the Basic Eight-phase EMDR protocol, the Adaptive Information Processing Model, and how to incorporate EMDR into your practice.  Participants must attend the full training (40 hours, all 6 days) and the 10 hours of consultation (5 2-hour Zoom sessions) to receive a certificate of completion in EMDR Therapy Training. If make-up consultations are needed at other times and dates, participants may schedule individual consultation at their own cost, currently $150/hour. Students must attend on time and participate actively in training.

**Informed Consent Regarding What to Expect:**

* This course will consist of didactic presentations, demonstrations, supervised practicum, and case consultations. Case material presented is trauma-focused and may be disturbing. The practicum component will involve participants giving and receiving EMDR Therapy under small group supervision.  The practice is for educational purposes only and not for personal therapy.  During processing, a targeted memory could link to unexpected, disturbing material or memories.  The processing of targeted memories could continue after the training, and additional related memories, emotions, thoughts, body sensations, and dreams may arise.  In such cases, it is the responsibility of the participant to seek and obtain appropriate assistance.  Providing such assistance is not part of the training, but the participant may request referrals for EMDR trained therapists or find a qualified EMDR therapist listed on [EMDRIA.org](http://www.emdria.org/).
* Completion of this experiential training is for clinical purposes only, for the purpose of applying EMDR Therapy for clinical practice. This training does not qualify participants to train others in EMDR therapy. Attempts to train others in EMDR Therapy without meeting the standards as defined by the EMDR International Association would represent a violation of professional conduct and ethics.
* **All participants must have a current psychotherapy caseload with several clients suitable for EMDR therapy procedures**. Those without suitable clients must make alternate arrangements such as offering pro bono services. This program is not intended for managers and researchers who do not carry an active psychotherapy caseload.
* Participants who are disruptive to the training will be given one warning by Ms. Reed and will be dismissed without refund if there is a recurrence. You are expected to maintain a spirit of cooperation and mutual support for all in the training. Splitting and conflict-generating behavior will not be tolerated**. You agree that Ms. Susan Reed LCSW-S has the right to dismiss anyone who is disruptive from the training at any time without refund.**

**Confidentiality Agreement**

* All personal information regarding trainees will be kept confidential. It is important that confidentiality is honored and maintained to support an open and safe learning environment.

**Format of the Class**

* The 40 hours of classroom training consists of 20 hours of didactic training, and 20 hours of practicum training. During the practicum sessions, you will be in breakout groups or 2-3 trainee clinicians, and the practicum consultant will frequently join your group to observe your progress and assist as indicated. You will be provided with as much personal attention as can be made.

**Class Hours**

* All trainings hours are in Central Standard Time (CST), unless otherwise noted:
* Day 1: 8:30 am – 5 pm
* Day 2: 8:30 am – 5 pm
* Day 3: 8:30 am – 4 pm
* Each day there will be two 15-minute breaks and one hour for

lunch

**Consultation**

* Trainees are required to complete 10 consultation hours. Between the two halves of training, you will attend 10 hours of consultation as part of Basic EMDR Training. Five 2-hour consultation sessions are held on Zoom. The schedule is provided prior to the start of class. A sixth 2-hour consultation is offered for make-up or additional enrichment via consultation. This consultation time is when you are sharing about EMDR cases, all 8-Phases and 3-Prongs, including Case Conceptualization and Target Sequencing.
* For consultation sessions, participants are required: 1) to prepare a written summary about their actual clinical use of specific procedures; 2) and to complete and discuss structured self-evaluation about their actual clinical experiences. Participants are expected to participate actively and to work diligently.
* Before consultation, please customize your Name as it appears on your Zoom account, so that you are using your full, first and last name. This will help properly identify you.

**TRAINING FEES:**

* Fees cover participation in both 3-day training components (6 days/40 hours), as well as the required 10 hours of group consultation. This fee does not include the required text for the course which can be purchased through Amazon or other booksellers (link below).
* Training fees are refundable 30 days prior to the start of training, minus a $100 administration fee. In certain circumstances (determined by Pathways Counseling), cancellations or transfer requests to a later class may be issued after the 30-day window for medical emergencies defined as serious illness, injury or death to you or an immediate family member.
* Cost: $1595 (fully licensed)/ $1495 (pre-licensure, non-profit).

**REQUIRED READING:**

Shapiro, Francine (2017). Eye Movement Desensitization and Reprocessing (EMDR) Therapy: Basic Principles, Protocols, and Procedures, 3rd Edition

Go With That Magazine Fall 2020, Volume 25, Issue 3 [EMDR & Racial Trauma]

***CLICK HERE:***[*GO WITH ME MAGAZINE*](https://mk0emdrias99osg9utnb.kinstacdn.com/wp-content/uploads/2021/05/GWT.2020.Vol_.25.Issue_.3.RacialTrauma.ALL_.pdf)

Guidelines for Virtual EMDR Therapy

***CLICK HERE:***[*VIRTUAL EMDR THERAPY*](https://www.emdria.org/wp-content/uploads/2020/04/Virtual_TG_Report_for_Member.pdf)

***ADDITIONAL READING REQUIREMENTS are on the LMS Platform***

**ADA--EQUAL ACCESS**:

Pathways Counseling does not discriminate and works to ensure equal opportunity for persons needing accommodations. The primary training facility has an all weather walkway, one step-up onto a wooden walkway, and two steps up onto the porch. Doors allow for wheelchair access, but the bathroom will need additional accommodations for hand washing. Please let Pathways Counseling know if mobility limitations are present so supports may be put into place or reasonable accommodations made.

If you are disabled or have special needs, inform Susan Reed/Pathways Counseling at the time you submit your application so that review and discussion of needs for accommodations may be made.

**Grievance Process**

Pathways Counseling and Susan Reed LCSW-S seeks to engage inclusion of all persons and to honor the dignity of all persons. If there is a breech, we all benefit when an issue can be brought to light and repaired.

If you have a complaint or grievance about the course or instructor(s) please contact Susan Reed MSSW, LCSW-S either via text, email, or in person so that the issue can be addressed and rectified.

**Completion Timeframe**

Participants who begin the EMDR training *must complete the entire training within 12 months from their initial start date. This includes all consultation hours.* Classes are set up so that each Cohort completes training within approximately 3 months.

A Certificate of Completion of EMDRIA approved training in EMDR therapy will be issued to all participants who satisfactorily complete the entire training, including the pre-tests and post-tests and the assigned readings, and demonstrate through group discussion, practice exercises and consultation, an understanding of the EMDR Therapy treatment approach.

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Sign Date

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